

State of Connecticut  
DEPARTMENT OF SOCIAL SERVICES



CLIENT SUPPLEMENT  
(for Medicaid Disability and SAGA Cash Benefits)

**INSTRUCTIONS TO APPLICANT:** You have told us that you are unable to work because of your health problems. Please use this form to tell us how your health problems keep you from working. This is your chance to tell us everything you want us to know about your health problems.

If you need help filling out the form, we will refer you to someone who can assist you.

**Part A. APPLICANT INFORMATION:**

NAME: \_\_\_\_\_

DSS CLIENT ID#: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SSN: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PHONE: \_\_\_\_\_

SEX: MALE  FEMALE

1. Describe your health problems. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Tell us how these health problems keep you from working. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Tell us which doctors and clinics you are seeing for these health problems. Attach additional sheets if necessary. Please be sure to sign a W-303A "Authorization to Release Information from Examining Physician" form for each of the doctors and clinics you list here.

Please list your health problems (such as arthritis, heart problem, HIV, back, depression, etc.)	Name of doctor or clinic that is treating you for this problem	Address of doctor or clinic (street, city and state)	When did you see this doctor or clinic and when is your next appointment?
			Date first seen: _____ Date last seen: _____ Next appointment: _____
			Date first seen: _____ Date last seen: _____ Next appointment: _____
			Date first seen: _____ Date last seen: _____ Next appointment: _____
			Date first seen: _____ Date last seen: _____ Next appointment: _____

4. In the last year, have you had an overnight stay in the hospital or have you been seen in a hospital emergency room because of your health problems? Attach additional sheets if necessary. Be sure to sign a W-303A "Authorization to Release Information from Examining Physician" form for each of these hospitals.

Name of Hospital	Address of Hospital (city and state)	Reason for hospital visit	Date of inpatient admission or emergency room visit

5. Have your health problems become worse lately? Yes  No  If yes, please explain. \_\_\_\_\_

\_\_\_\_\_

6. Are you taking any medications for your condition? Yes  No   
 If yes, and you know the names of these medications, please list them here \_\_\_\_\_

\_\_\_\_\_

**Part B. GENERAL INFORMATION**

1. Are you right-handed or left-handed? Right-handed  Left-handed

2. Do you speak and understand English? Yes  No   
 • If no, what is your primary language? \_\_\_\_\_  
 • Do you need an interpreter? Yes  No

3. Do you: (check one) live alone  live with friends or family  other  \_\_\_\_\_

4. What is your living arrangement? (check one)  
 • Home or apartment   
 • group home or halfway house   
 • nursing home   
 • homeless  If homeless, do you live in an emergency shelter? Yes  No   
 • other (please describe) \_\_\_\_\_

5. Are you able to drive a car? Yes  No

6. How do you get from one place to another? (check all that apply)
- Drive a car
  - Take a bus  Do you transfer from one bus to another? Yes  No
  - Walk
  - Train or cab
  - Dial-a-Ride
  - Ride with friends or relatives
  - Do you need help getting in and out of a car, bus, van, etc.? Yes  No

7. What is your height without shoes? \_\_\_\_\_  
   feet    inches

8. What is your weight without shoes? \_\_\_\_\_  
   pounds

9. Do you have problems seeing? Yes  No  If yes, do you wear glasses or contacts? Yes  No   
 Do you have problems seeing even when you wear your glasses or contacts? Yes  No

10. Do you have problems hearing? Yes  No  If yes, do you wear a hearing aid? Yes  No

**Part C. BEHAVIORAL HEALTH**

1. Are you having any of the following problems?

PROBLEM	YES	NO	PROBLEM	YES	NO
Feel sad a lot of the time			Have panic attacks		
Have problems sleeping (sleep too much or too little; awoken in the night)			Have problems concentrating or thinking		
Loss of interest in activities I usually like			Hear voices when no one is there		
Feel guilty or worthless			See things that others don't see		
Changes in appetite (eat too much or too little)			Feel nervous or anxious (worried) all the time		
Think people are trying to hurt me in some way			Have certain routines (for example, washing your hands) that you must do over and over		
Loss of energy			Think of hurting myself		
Much more energy than usual			Think of hurting others		

2. Do you drink alcohol? Yes  No   
 If yes, how much and how often? \_\_\_\_\_  
 \_\_\_\_\_

3. Do you use drugs? Yes  No   
 If yes, what kind? \_\_\_\_\_  
 How often? \_\_\_\_\_

4. Have you received treatment for drugs or alcohol in the past two years? Yes  No   
 If yes, please describe \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Part D. Activities**

1. How often can you do the following activities? (Check "often", "sometimes", or "never" after each activity.)

Activity	Often	Sometimes	Never	Activity	Often	Sometimes	Never
Sitting				Lifting			
Standing				Grasping			
Walking				Pushing			
Bending				Pulling			

2. Can you do any of the following household activities? (Check "yes", "no", or "need help" after each activity.)

Activity	Yes	No	Need help	Activity	Yes	No	Need help
Shop for food				Mop and sweep			
Plan meals				Make beds			
Cook				Empty trash			
Wash dishes				Mow the lawn			
Do laundry				Shovel snow			
Vacuum				Count change			

3. Do you regularly do any of the following activities? (Check "yes", "no", or "need help" after each activity.)

Activity	Yes	No	Need help	Activity	Yes	No	Need help
Read				Exercise			
Watch TV				Play games			
Play sports				Talk on the phone			
Listen to music				Do arts & crafts			
Ride a bicycle				Paint or draw			
Visit people				Knit or crochet			
Eat in restaurants				Sew			
Surf the internet				Go to a movie			
Play video games				Go to church			
Lift weights				Attend meetings			
Walk				Go hunting			
Jog (run)				Go fishing			

4. Do you have problems with any of the following activities?

Activity	No problems	Some problems	Many problems	Please describe the problems you are having in each area.
Paying attention				
Learning new things				
Remembering				
Organizing				
Listening				
Reading				
Getting along with others				
Going outside				



3. Describe the job that you did the longest or the one that you consider to be your main job. What did you do all day in this job?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. In your main job, did you:

ACTIVITY	YES	NO	DESCRIBE
Use machines, tools or equipment?			
Use technical knowledge or skills?			
Do any writing, complete reports, or similar duties?			
Supervise other people?			
Other (describe)			

5. In your main job, how many hours a day did you:

Walk _____	Kneel (bend legs to rest on knees) _____
Stand _____	Crouch (bend legs & back down & forward) _____
Sit _____	Crawl (move on both hands & knees) _____
Climb _____	Handle, grab or grasp big objects _____
Stoop (bend down & forward at waist) _____	Write, type or handle small objects _____

6. Check heaviest weight lifted.

Less than 10 lbs.  10 lbs.  20 lbs.  50 lbs.  100 lbs. or more  other \_\_\_\_\_

7. Check weight frequently lifted. (from 1/3 to 2/3 of the day)

Less than 10 lbs.  10 lbs.  20 lbs.  50 lbs.  100 lbs. or more  other \_\_\_\_\_

**IMPORTANT !!!**

In terms of your ability to work, please tell us what you were able to do before that you cannot do now because of your health problems.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

8. Use this space to provide any additional information that you want us to have about your health problems or your ability to work.

---

---

---

---

---

---

---

---

---

---

---

PLEASE SIGN AND DATE THIS FORM AND RETURN IT TO YOUR DSS WORKER AS SOON AS POSSIBLE.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**VERY IMPORTANT !!!**

In order to make a decision, we need to get information from the doctors, clinics and hospitals that have been treating you. We cannot do this unless you give us your permission by signing the W-303A "Authorization to Release Information from Examining Physician" forms. Be sure to sign a release of information form for each doctor, clinic and hospital you have listed. Ask your worker if you need more release forms.